



* Yoga * HOT Yoga * Zumba
® * Nutrition * Detox * Spa

Offering Donation Based Yoga!

Beginners/ novices are welcome in ANY of our classes. Advanced practitioners will find solace, community and their edge.

Expanding Our Horizons...

Inspiring Positive Change



558 Bluebird Lane

Red Oak, Texas 75154

Yoga4Love.net



Dynamic Yoga & Fitness Studio

by **Yoga 4 Love**

Membership Info

Expanding Our Horizons...

Inspiring Positive Change

469.437.1334

Yoga4Love.net

Mission Statement

Dynamic Yoga and Fitness Studio

by **Yoga 4 Love**

Dynamic Yoga and Fitness Studio provides encouragement, coaching, and support for our students, guests and members. We focus on the whole you, Mind, Body and Spirit in a safe, secure, non-intimidating environment where we can achieve whatever we dream.

DYFS by Yoga 4 Love is committed to the highest level of professionalism and service. We encourage a spirit of community and enthusiasm that is contagious.

We believe we have the best instructors, teachers and staff. Let us amaze you and you will amaze yourself!

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Group Classes are Included in all memberships!

Any class on the regular weekly calendar:

Yoga * HOT Yoga * Chill Yoga 101

Zumba® * Zumba® Toning

Specials

Introductory Special-
\$20 for 14 days Unlimited Classes!

Mini Fun & Fit Membership Deal-
\$50~ 1 class per week for 5 weeks!

\$12 Drop Ins

Enrollment Deal-

Join within your Introductory or Mini Membership and Receive:

- No Enrollment Fee~ Save \$29!
 - \$10 Yoga 4 Love Gift Certificate for use in our online store for any retail item, massage or spa service
 - A DYAF logo black Organic Cotton Tee at half price!
 - \$5 off per month any Unlimited 6 month membership
 - \$10 off per month any Unlimited 12 month membership
- Prepay and Save an additional 5% off 6 months and 15% off the entire year!

New Member Yoga Enrollment special!

Yoga Student Starter Package~\$85

1 Manduka eKo Yoga Mat; 1 DYAF black Organic cotton logo tee or Yoga Tank of choice; + 1 Cork Block.

(\$113 Value if bought separately; SAVE \$28!)

Gift Card Deal~ \$100

Buy \$100 Gift Card Online, receive \$120 loaded onto it!
Redeemable for any class drop in, retail item or spa service!

Other Services

Workshops & Series not included in membership are available at a discount for members:

- ☞ Boot Camp 4 Dynamic Inner Strength
- ☞ 90 Days to Feeling Fit Program~ Nutrition + Detox
- ☞ Private Lessons, Group and Corporate classes on location
- ☞ Yoga 4 Your Inner Goddess Retreats
- ☞ Live Loved Lifecoaching and Energy Work~ Lifecoaching, Goal Setting, Reiki, ReMap, EFT, Pranik Healing and Thai Yoga Bodywork

**Dragonfly Spa ~ Offering Full Service
Massage, Facials & Bodywork**



Memberships @ Dynamic Yoga

By Yoga 4 Love

Dynamic Unlimited

Unlimited classes: Includes HOT Yoga, Yoga, Zumba®, Zumba® Toning.

Dynamic membership benefits include: 5% off retail, private lessons and Reiki, Thai bodywork and Dragonfly Spa services; Bootcamp early bird \$10 discount.

Pre-notification of all workshops and Yoga 4 Your Inner Goddess Retreats.

Elite Unlimited

Unlimited classes: Includes HOT Yoga, Yoga, Zumba®, Zumba® Toning.

Dynamic membership benefits include: 20% off retail, private lessons and Reiki, Thai bodywork and Dragonfly Spa services; FREE Workshops by our staff; Guest workshops and Yoga 4 Your Inner Goddess Retreats at a great discount! Bootcamp early bird discount plus you get a \$10 gift card to spend online or at the Dragonfly Spa!

Teachers, Students, Seniors 65+

Save \$20 off pwe month for any Unlimited membership ! \$3 off per month for 1 Class per week Dynamic Essentials Memberships!

Family Unlimited

Unlimited Classes for all family members in one household: HOT yoga, Yoga, Zumba®, Zumba® Toning, 5% off retail, private lessons and Reiki, Thai bodywork and Dragonfly Spa services; Bootcamp early bird \$10 discount.

Family Elite Unlimited

Unlimited Classes for all family members in one household: HOT yoga, Yoga, Zumba®, Zumba® Toning, 5% off retail, private lessons and Reiki, Thai bodywork and Dragonfly Spa services. FREE Workshops by our staff; Guest workshops and Yoga 4 Your Inner Goddess Retreats at a great discount! Bootcamp early bird discount plus you get a \$10 gift card to spend online or at the Dragonfly Spa!

Dragonfly Spa

3, 6 or 9 month

Two 60 minute Spa services per month; Any service on the spa menu: **Massage, Reiki, Thai Yoga Bodywork, Detox Foot Spa, Facials, Pre-Natal, Trigger Point, Medical Massage. + Hot Stone Massage** available as 30 min. upgrade! For every 6 mo. Receive a 1 hour Gift Certificate for a friend; for 9 mo receive TWO 1 hour Gift Certificates!

Dynamic Essentials

One class per week; any class on the schedule from Sunday- Saturday; may try a different class each week! Benefits include: discounted classes, pre notification of all sales, workshops and retreats.

Dynamic Essentials + Spa, Lifecoaching & Private Lessons

One class per week; any class on the schedule from Sunday- Saturday; may try a different class each week! Benefits include: discounted classes, pre notification of all sales, workshops and retreats. **PLUS + Includes One Spa or Massage** service per month or **one Private Yoga or LiveLoved Lifecoaching** Lesson with Lisa Ware, RYT.

~Prepay and Save~

Dynamic Pass Unlimited: Pre pay and save 5% for 6 months and 10% off of 12 months
Elite Unlimited: Pre pay and save 5% off for 6 months and 15% 12 months
Essentials Packages: 5% off 12 month

What is Donation Based Yoga?

We offer Donation Yoga classes on the schedule every week! Gratitude Based or 'Love Donation' based yoga is a service offered for clients that may need to pay as you go, or cannot budget a regular studio membership due to finances, loss of a job or lack of time. These classes are offered as a service to the community and are in addition to the regularly scheduled classes on the calendar. Your gratuity is much appreciated, members or non, and we leave a box at the front. The suggested donation is the Drop In amount, however you may donate as little or as much as your **heart** allows.

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Printable Customizable Gift Certificates

